

## Northside Cardiology

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### **ECHOCARDIOGRAM/ HOLTER MONITOR/ EVENT MONITOR**

■ It is very important that if you are unable to make this appointment, you call Northside Cardiology at 404-256-2525 at least 48 hours prior

■ Your SCHEDULED ARRIVAL TIME is \_\_\_\_\_. *Important: you are expected to arrive 30 minutes prior to your scheduled test time. If you are more 15 minutes late from your arrival time, please understand that we may have to reschedule your test.*

■ Your SCHEDULED TESTING TIME IS \_\_\_\_\_.

#### **ECHOCARDIOGRAM**

The echocardiogram is an ultrasound study which allows us to visualize the heart, its size, valves, and chambers to more adequately evaluate their functions. There is no discomfort associated and no preparation involved. Your echocardiogram takes approximately 30 to 60 minutes.

#### **HOLTER MONITOR**

The Holter monitor is an ambulatory electrocardiogram. You will wear 5 electrodes attached to a recorder (about the size of a walkman). This recorder will record every beat of your heart makes, while attached to you. You **MAY NOT** take a bath or shower while you are being recorded. We recommend you bathe that morning. Holter monitors are scheduled first thing in the morning or afternoon and must be promptly returned the next day about the same time you received the monitor. Failure to do so may result in loss of recorded information by the monitor.

#### **EVENT MONITOR**

This is an extended duration ambulatory monitor which is worn for approximately one week. Events/symptoms may be transmitted via telephone. This is given for transient episodes at the discretion of your physician.

**YOUR RESULTS WILL NOT BE AVAILABLE ON THE DAY OF YOUR TEST** Test results are mailed or faxed to your referring physician within 48 hours of interpretation by our cardiologist. A follow-up appointment with the physician who ordered the test should be scheduled for 1 to 2 weeks.

## ANTI-ARRHYTHMIC MEDICATIONS

*Generic Name*  
Amiodarone  
Disopyramide  
Flecainide  
Propafenone  
Procainamide  
Quinidine  
Sotalol

*Brand Name*  
Cordarone, Pacerone  
Norpace  
Tambaccor  
Rythmol  
Pronestyl  
Quinidine, Quinaglute  
Betapace

## BETA BLOCKERS

*Generic Name*  
Acebutolol  
Atenolol  
Betaxolol  
Bisoprolol  
Carteolol  
Carvedilol  
Labetolol Hydrochloride  
Nadolol  
Metoprolol  
(XL)  
Oxprenolol Hydrochloride  
Penbutolol Sulfate  
Pindolol  
Propranolol  
Navopranol  
Timolol Maleate

*Brand Name*  
Sectral  
Tenormin  
Hydrochloride Kerlone  
Zebeta, Ziac  
Cartrol  
Coreg  
Trandate, Normodyne  
Corgard  
Apo-Metrolol, Betaloc, Lopressor, Toprol  
  
Trasicor  
Levatol  
Visken  
Apo-Propranolol, Detensol, Inderal,  
  
Blocadren

## OCULAR (eye) PRODUCTS CONTAINING BETA BLOCKERS

*Generic Name*  
Betaxolol Hydrochloride  
Levo-Bunolol  
Timoptic

*Brand Name*  
Betopic Ophthalmic, Betopic S Ophthalmic  
Betagan  
Timolol

## COMBINATION PRODUCTS CONTAINING BETA BLOCKERS

*Generic Name*  
Atenolol Chlorthalidone  
Labetalol Hydrochloride & Ahydrochlorothiazid  
Metoprolol Hydrochlorothiazide  
Nadolol Bendroflumethiazide  
Pindolol Hydrochlorothiazide  
Propranolol Hydrochlorothiazide  
Timolol Hydrochlorothiazide

*Brand Name*  
Tenoretic  
Normozide  
Cobetaloc  
Corzide  
Viskazide  
Inderide  
Timolide

## CALCIUM CHANNEL BLOCKERS OR COMBINATION PRODUCTS

*Generic Name*  
Diltiazem  
Verapamil

*Brand Name*  
Ditia XL, Tiazac, Cardizem, Dilacor  
Isoptin Chronovera, Calan